

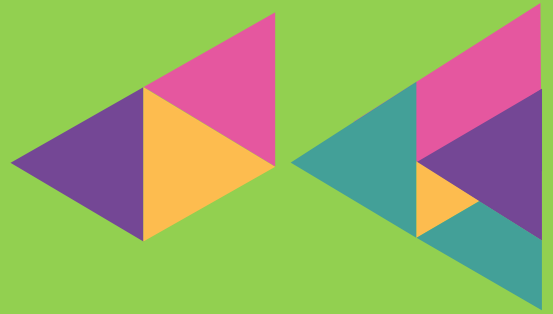
# Youth

## chronicles

*Edition 1 - Issue 1*



*"Stories of young people achieving great things in our region"*



## Welcome to the Youth Chronicles Magazine

Here you can find the latest news direct from our region's young people.

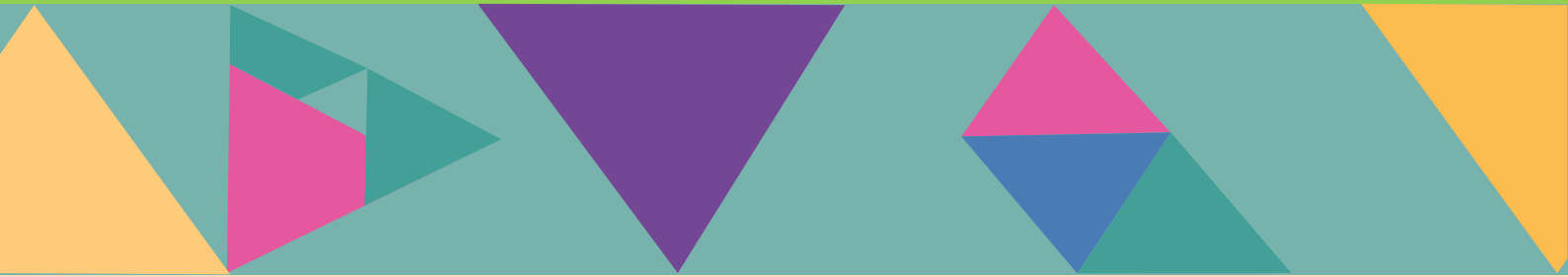
This publication is produced through a partnership between the region's high schools and youth service providers and is proudly supported by Bundaberg Regional Council. The Youth Chronicles will be released three times during 2018 in April, July and October and will contain stories about some of the great things our region's young people are doing and achieving.

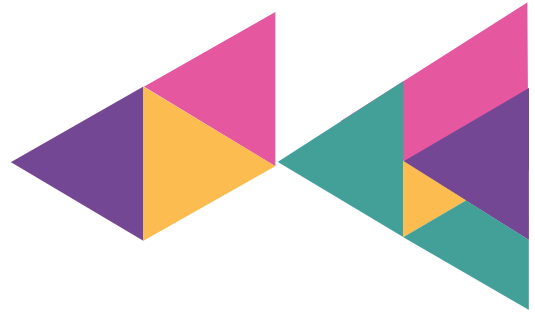
Through region-wide collaboration stories will be shared not only from our regions high school students, but also from those young people who are no longer attending school. Every high school in the region has been given the opportunity to provide two pages for each edition, with many schools getting the students involved in designing the pages, writing the stories and taking the photos. Youth service providers are also providing stories and photos which are compiled on two pages.

The Youth Chronicles magazine will be made available online at [www.bundaberg.qld.gov.au/youth](http://www.bundaberg.qld.gov.au/youth). An electronic copy will be sent to each school to share and a limited number will be printed and distributed throughout the community.

As this is our first year of The Youth Chronicles, we would really appreciate your feedback on the content and quality along with your thoughts on the projects youth have been involved in. The feedback is valuable in ensuring continuous improvement as well as allowing the young people in our community to hear a different narrative about their contributions in the community they live.

*To provide feedback or if you would like more information, please contact our Youth Development Officer on 1300 883 699 or [youth@bundaberg.qld.gov.au](mailto:youth@bundaberg.qld.gov.au)*





**Youth Chronicles  
Edition 1 - Issue 1  
APRIL 2018**

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# Community Cleans Up With Local Cadets

*Written by Cadet Ashleigh Bendell (Year 12)*

PCYC Emergency Services Cadets is an incredibly beneficial program for teenagers between the ages of 12-17. There are groups all over Queensland with local groups in Childers, Biggenden and Hervey Bay.

The Childers group meet on Wednesday afternoons from 3:30 to 5:30pm to train at the Childers SES shed. During our training afternoons, we do a variety of different activities that relate to and support emergency service groups such as Queensland Ambulance Service, Queensland Police Service, Queensland Fire and Emergency Service, SES and many others.

We also have the opportunity to volunteer in the local community outside of our normal training hours. Recently, we have been involved at the Woodgate Easter Fair, Colour Chaos Run, ANZAC Day services and Clean Up Australia Day.



*Discipline and team work are developed through PCYC Emergency Services Cadets*



*Childers Cadets participating in Clean-Up Australia Day*

Cadets is beneficial because:

- It teaches you discipline,
- You meet lots of new people,
- It enhances leadership and teamwork,
- It can open up pathways into the emergency services,
- Opportunity for further study including Certificate II in Public Safety, and
- You are eligible for a variety of programs like the cadet games and the state youth leadership program.

Involvement in PCYC Emergency Services Cadets provides the cadets with exposure to the work that the Emergency Services perform and can lead to aspirations to join the Emergency Services after school either in a paid capacity or as a community volunteer.

I would strongly recommend cadets to anyone that is interested, I am very glad that I joined the program.



*Understanding Qld Fire & Rescue's roll in motor vehicle accidents*



*Liaising with Police to better understand their role and how to help them.*

## Childhood Hobby Takes Off



*Tyson Chapman with one of his fine feathered friends.*

Tyson Chapman, is a quiet achiever at Isis District SHS however, he is making a name for himself as an Aviculturist. Aviculture, is the keeping and rearing of birds and is something that Tyson is so passionate about that he is now turning into a viable business and future career path.

Tyson has always enjoyed having birds as pets since he was two years old. However, a couple of years ago, he decided to try and breed a pair of pet Cockatiels. Success with these birds, led to an expansion of his aviaries and also the variety of birds including Indian Ringnecks, Alexandrines, Quakers, Eclectic Parrots, Galahs and Lorikeets just to name a few.

By now, he was supplying the local Pet Store so with the help of his parents, he established a FaceBook page to privately sell his hand raised and aviary birds. Through the use of this social media platform, Tyson has sold his birds to enthusiasts all over Australia and has been featured in the magazine "AviaryLife".



*Inside one of Tyson's nesting boxes with an egg just hatched.*

Whilst he is only in Year 10, Tyson will undertake his Year 10 Work Experience in the Lockyer Valley, at "Rosewood Bird Garden and Breeding Farm". His work prospects don't just end there, he has already received an offer of an internship and further education at a private sanctuary in Brazil following his completion of Year 12. The twelve month internship at the Spixsmacaw Release Reservation focuses on bringing the Spixsmacaw back from extinction. The program is the first of its kind in the aviculture world with the species being released back into the wild.

Clearly, his passion, drive and entrepreneurship in his chosen area of interest is something to be admired.

## Working Scientifically

Isis High School has participated in the University of Queensland's Science Ambassador Program for many years. Each year the University recognises the most active and creative ambassadors in the state and in **2017 Isis topped the pool!**

Isis District SHS UQ Science Ambassadors: Ashleigh Bendell, Madison Zwisler, Michael Bagnall and Locheland Miller organised and ran a "Slime Day", Liquid Nitrogen demonstrations and also visited a

number of local Primary Schools to deliver Science demonstrations. The students then prepared a PowerPoint presentation of their activities and submitted it to UQ.

Recognised as one of the **top three most active, productive and creative ambassador groups** we received a Levitating Platform to help schools spread enthusiasm for science even further. UQ judges specifically looked for initiatives which were Ambassador driven and delivered rather than school organised activities or programs. While these activities all contribute to engagement with science by students in schools, it was due to the Ambassadors commitment to specifically plan, organise and implement activities throughout the year that made them stand out.



*(L to R) Ambassadors: Michael Bagnall, Brooke Fitz-Gibbon, Heidi Anders, Madison Zwisler, Rachael Taplin, Ashleigh Bendell and Locheland Miller*

## The Art of Public Speaking

Volunteers from the Maryborough Toastmasters Club and the English Department have offered and facilitated Public Speaking Courses at Isis District SHS for several years now. The 8 week course provides the opportunity for students to practice giving prepared speeches in a friendly, supportive environment where everyone values each other – particularly when giving feedback to the speaker for improvement.



The course develops student's confidence, public speaking skills, and builds the skills to express themselves in a variety of situations. Students who have participated are more open to and accepting of opportunities presented to them including leadership roles within the school and in the wider community. They have the ability to lead meetings and participate in them more confidently, to speak more confidently when placed in an "on the spot" situation and are better prepared for oral presentations for assessment.

Childers Rotary Club and Buffalo Association Club are proudly associated with the Public Speaking Course at Isis District SHS and donate to cover the costs of booklets and equipment required to run the courses.



OUTSTANDING LEARNERS

OUTSTANDING ACHIEVEMENTS

OUTSTANDING FUTURES

# North Bundaberg *State High School* 2018

***The students of 2018***

*Making a difference*

## What have North High Students been busy with...?

### Day of excellence

As a school, Bundaberg North State High School is committed to providing opportunities for current and future students to grow their capacity using skills that are essential in the workplace of the 21st century, namely creativity and collaboration. With this in mind we recently welcomed year 4, 5 and 6 students from our cluster schools for our Day of Excellence. Eighty excited students entered the school hall and were presented with a learning challenge entitled the Masters of Fun Challenge. To become the Masters of Fun, groups of students had to take simple cardboard and craft supplies and turn them into a cardboard arcade attraction that would be popular amongst the primary school students. Each group had to demonstrate high levels of creativity to firstly plan what they would do and then demonstrate the highest levels of collaboration to ensure that their vision came to reality. Staff in attendance were privileged to see what students are capable of when their imagination and creativity is unleashed. We saw students create a wide variety of exciting attractions including a cardboard claw machine, several basketball arcade games, an air hockey attraction and even a whack-a-mole game.

Overall the day was an outstanding success and all of the students in attendance must be congratulated for their effort and enthusiasm in trying to become the Masters of Fun. A big thankyou needs to go to the staff who made the Day of Excellence possible. Thank you to Mr Quinn, Mr Williams and Mrs Richardt who assisted student groups as mentors. Thanks also must go to Mr Anderson who assisted with the setup and pack up of the day and finally a big thankyou to Mrs Burt for her efforts in ensuring that all the students were well fed throughout the day. Thanks to Mr Kronk for organising the day.



### Learn to Row – Camp success

Recently North High had its annual Learn to Row camp. It was a fun weekend with a variety of activities from some fun rowing in quads, doubles and singles to challenging camp fire activities. 15 new rowers tried out the sport with 15 of our current rowers helping out. By the end of the 4 sessions all rowers had a good understanding of the technique, commitment and teamwork required to be successful at this great sport. With most of these new rowers signing on, our team is now over 20. A BIG THANK YOU to the parent helpers who assisted with catering, coaching, supervising and boat driving and also to the current rowers who gave up their weekend to help out the newbies. I am looking forward to the season ahead.

Teressa Tibbey (Rowing Coordinator)



## Year 9 Math Excursion to CQU

Year 9 Mathematics students, as part of their study of linear relationships, visited CQUniversity Bundaberg to collect data for their assignments. North Bundaberg SHS is working in collaboration with CQUniversity in a project designed to improve students' engagement in Mathematics, and to track student's progress from Year 9 Mathematics to their tertiary study options. This collaboration has been made possible due to funding made available by the Australian Government's Higher Education Participation and Partnerships Program (HEPPP). Students experimented and collected data on the deflection (flex) of a bridge when a mass was placed on it, to then estimate through calculations the maximum mass that could be placed on the bridge and maintain the deflection within Australian standards. Students then moved to a tower crane where they suspended masses off the crane's hook and measured the forces exerted on members of the crane to determine the maximum load that could be suspended off the crane without exceeding safety benchmarks. Due to the unique nature of this excursion, there was media interest from WIN news and the Newsmail who reported on this excursion. Students enjoyed the outing and North Bundaberg SHS is very appreciative of the work of Dr Ben Taylor from CQUniversity and his team in preparing the day. We hope to be able to continue to work with CQU on similar projects in the future.



### Bullying?

#### National day of action against bullying and violence

The school acknowledged this national day with a range of activities. I hope that you have also had the chance to read the editorial published in the News mail and heard the ABC Radio interview early on Friday morning featuring our Better Buddies committee representatives. While this is a day to draw attention to the issue of violence and bullying our efforts to make our school safe do not stop there and are part of our daily practice. We take a strong stance on making our school a safe place because we want students strongly focused on learning and academic progress

### More about our Better Buddies...

#### Buddy Bear

On Monday afternoon 30th January, Mrs Jensen along with several members of our "Better Buddies" Anti-Bullying Committee attended an open discussion about bullying organised by the Bundaberg Regional Council, through its Youth Development Action Team. The first meeting of this type was held in the School of Arts Building with the purpose of working with young people aged 12-25 years. The ultimate goal was to increase our understanding and develop ways to reduce bullying of all types.



A BIG thank you to Year 12 students Emma Deighton, Georgia Douglass, Britney Callaghan, Daniel Smith, David Scott, Kira Lloyd-Jones, Samantha Riedy and Brittany Wardley for attending this important meeting on behalf of our school.

## Lions Youth of the Year Quest 2018

On February 21<sup>st</sup>, 5 students participated in the Lions Youth of the Year public speaking competition. The students representing Bundaberg North Lions Club were Katherine Canavan, Kim Riedy and Sam Riedy. Moore Park Lions Club was also suitably represented by Ellisa Harris and Bailey Quinn.

The students attended an interview in the morning at school with the judges and then in the evening presented their prepared 5 min speech each on a topic of their choice. They also had to respond to 2 impromptu topics for 2 mins. These topics were "How is Social Media impacting on society today?" and "If you could invite 2 people to dinner who would they be and why?"

All of the students spoke very well and it certainly was an entertaining night. Congratulations to Year 12 student Katherine Canavan who won the overall speaking award for the evening as well as the making it to the final for the North Bundaberg Lions Club. Katherine delivered an empowering speech titled "Our dying planet & animal agriculture".

Year 12 student Ellisa Harris was the winner of the Moore Park Lions Club division on the evening. Ellisa delivered a heart-warming speech on the topic of "World poverty". Both Ellisa and Katherine progressed to the zone final where they competed against students from other schools.

Well done to all of the students who participated in the competition this year. Public speaking can be very daunting and you should be all very proud of your efforts.





# BURNETT

## YOUTH LEARNING CENTRE

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### Quote of the term

"You don't have to be  
Perfect to be  
AMAZING."

### A note from the Principal

BYLC + CPR = 😊 Burnett Youth Learning Centre. CPR – Community,  
Participation and Respect.

It has been an awesome start to the year at the Burnett Youth Learning Centre. 46 students have been enrolled and have started the year well.

So what is the BYLC? Well, it's an alternative school for students who are not engaging in the mainstream education system. All across Australia and the world, there are schools doing alternative things. Why? Because not every student is the same, but all are just as valuable as each other. We value and respect the students that come here and want them to grow and mature with skills that they can use in a productive and positive future. We strive for our students to see the future with HOPE in their eyes.

CPR – Community, Participation and Respect. These are our core values.

One of these areas stands out to me this semester. Participation. Across the board, without exception, students with high attendance levels have made significant progress. Even students who have had numerous behavioural incidents, have been able to make good progress. The old saying 'You've got to be in it to win it...' came to mind. And... 'In order to win, or succeed at something, you must first compete or try.' It's awesome to see the majority of our students doing this.

Scott Sadler  
Principal



### Farm Enterprise

At our school we have 400 Macadamia Nut Trees. In Rural Ops, students look after the trees by watering, pruning and weeding. When it is Nut season, Rural Ops students harvest the nuts in motorised pickers. They are then put into a huge machine that takes off the outside husk. Nuts are then checked by the students, to make sure all the husks are gone and then sold on. All money that is made from this, is used to support the students here at school. In term 2, students who study Agriculture, assisted with the irrigation setup and planting of an additional 1600 trees.



### PCYC – Recreational Days

Burnett Youth Learning Centre students are able to enjoy some morning sessions at the PCYC playing a variety of sports including basketball, futsal and volleyball. Some of our students show they have skills not just on the court. Staff and students form combined teams. Other recreation activities students participate in include beach visits and Outdoor Education activities like rock climbing and archery.



### Agriculture and Hospitality

Many of our subjects areas often work together on projects. The pictures above, show how in the subject Agriculture, students look after chickens and plant herb and vegetable gardens. The produce from these projects is used in Hospitality. This day, students have used the eggs and herbs to make Herbed Mayonnaise to go with our lunch, all under the expert instruction of our Chief Chef Genny!



### Reboot

Once a week, all of our students are involved in a program called Reboot. Reboot provides our students with simple language and tools, that they can use in their daily interactions and improve relationships, behaviour, emotional and social wellness and learning outcomes. Students sometimes play cards or work out in the Gym while taking part in this program.



## Rebecca Sparrow helps Shalom students 'Find their Tribe'

Generations old and new can all agree that being a teenager is tough. The age old problems of 'teenage-hood' are here to stay, but in these technological times of change it can be certain that life has never been harder to be young.

If you consider the life of your average adolescent – say someone like me, balancing band rehearsal before school, school itself (which can be stressful enough), homework, assessments and study, extracurricular activities like instrument lessons, musical rehearsals and other commitments, all accompanied with social media and smartphone apps chiming at us to unlock our phones – is it any wonder that mental health has become a hot topic among students?

To help unravel the situation, Author Rebecca Sparrow of works such as 'self-help' books *Find your Tribe* and *Ask Me Anything* among others, sheds some light.

Whilst visiting year 7-9 Shalom students, Rebecca shared personal stories and valuable lessons. Not only does she agree that teenagers share many of the same issues, but that social media is "driving up depression and anxiety", making life more challenging. Rebecca discussed mental health consistently, focusing on issues faced by so many of us. She really emphasised the importance of resilience, stating "Resilience is a life skill, more than anything else that can get you through your life." She also focused on the challenge of educating young people in the navigation of social media use. Rebecca sees that there's still room for improvement saying, "I think we've kind of let you guys down by not teaching you how to navigate those things."

Seeing how times have changed, I asked her what the big challenges she faced when she was younger, and she told of things I'm sure many of us can relate to – 'crushes' that 'crush' you, feeling



Author Rebecca Sparrow discussing all things teenage to Year 7,8 and 9 Shalom College students. Photograph courtesy of Madison Bishop

different, not fitting in. However, she also agrees that social media is making life harder. At times it serves as a bittersweet, almost ironic thing designed to connect you with others, where most of the time it actually makes us feel lonelier. Rebecca believes that, "Social media messes with your headspace and you have got to keep that in

mind." She then left me with a wise message. "I think to survive high school all you need is one great friend. If you've got five friends awesome but all you need is one - one person who's got your back, and you can get through anything."

By Brooklyn Devine (Year 10)

## Player Profile: Connor Simms — Grade 12 Swimmer

**Connor is a talented sprinter who recently participated in the Commonwealth Game trials. Known for his explosive starts and energetic attitude, he is a real star in the making!**

**When did you first start swimming?**

At about the age of 8 was when I really started to train in a squad and compete. At this stage I was only in the sport for fun and fitness but little did I know it was the start of my career!

**What is your proudest achievement so far?**

One that I will always remember is qualifying and swimming down on the Gold Coast for the Commonwealth Game Trials. Being amongst the best swimmers Australia has to offer was unreal, rubbings shoulders with Olympi-

-ans who have been my idols! Just being able to experience it was such a proud and overwhelming achievement that opened my eyes to the world of swimming.

**How many hours a week do you train?**

For me as a sprinter I can afford to only have a minimum of 7 sessions a week, all working on sprinting.

**How do you fit school into your busy schedule?**

It is quite a difficult when it comes to fitting in swimming, school and social life. I find it really important to have a balance. For me it was talking to my parents and coach and discussing how I can fit in the countless hours I do as well as finding the time for school work and friends.

**In what ways are you supported to keep a balanced**

**lifestyle?**

My parents are big supports when it comes to having a successful career but also a life away from swimming. They are massive advocates in helping me organise everything I need for swimming and school and help out whenever they can. Even the simplest thing of taking me to training early in the morning or helping me maintain a healthy diet. My parents have a big influence on my life and swimming career and without them I'm not sure I could cope with the difficult swimming lifestyle.

**What do you eat before races?**

When it comes race day you should really be watching what you eat but for me I am a man of fruit. For me it's water melon, it's just a great booster for my well-being and is my go to food.



Connor Simms (Picture Supplied)

**Why do you love swimming?**

Swimming is a hard sport and you must make sacrifices and put in the hours in order to succeed. I love the demand of pushing your body to the edge to gain improvements and you can feel yourself develop as a swimmer and person each and every day. It's a good feeling being able to give it everything you got and when the time comes it all pays off. To win that medal, to make that time or to make that team is unreal. All these things are just bonuses which help keep me motivated.

By Simon Rathbone (Year 12)



# SHALOM COLLEGE

# Student News



Shalom College High Performance Student Nathan Donaldson (Picture Supplied)

## Shalom College High Performance

In today's society sport plays a key feature in young people's lives around the world. Similarly, Shalom College offers endless opportunities and programs for our young people to thrive. Boasting an excellent reputation within countless sports, the commencement of the Shalom College High Performance Program has allowed its talented individuals to shine on and off the field.

In a time when schedules are busy and workloads seem overwhelming, Peter Robinson's High Performance Program allows students to balance their school and sporting commitments to ensure they find success in and outside the classroom. The program assists students in pursuing a possible career in their performance area whilst maintaining high academic standards.

The program is offered to student's who train more than 15 hours a week or for those who

-spective sports. With certain students missing between 1-5 weeks of school per year due to extracurricular commitments, it offers a flexible school program in order to support participants in reaching their personal goals.

The High Performance program is available to more than just sportspeople with various dance and drama students also on board. With student's away representing their region or state in the likes of Swimming, Karate, Touch and Dance, our young people's incredible talent across a variety of sports is plain to see.

Shalom Staff member Peter Robinson understands the importance of sport in a young person's life and his goal is to support these high performing individuals as they tackle both school and sporting commitments.

"It's just looking after those kids that need a bit of support,

stressed out with all the work they have to do"

Robinson's program allows students to choose between dropping one subject in place for a study or to tackle their schooling over an extended period. Student are able to negotiate their deadlines around their extra-curricular commitments to ensure success both in and outside the classroom.



Shalom College High Performance Students Jaime Krueger and Connor Simms (Picture Supplied)

option to study a full academic program, there are also options for those who need extra support. For students in Year 7-10, it may be possible to drop one elective subject from their program. For students in years 11/12 however, options include:

- Study one less subject (keeping within the QCE guidelines)
- Study via a Variable Progression Rate (complete Years 11/12 over 3 years)

As the incredible young people in our community continue to shine, programs such as the Shalom College High Performance program ensure that these talented individuals can chase their dreams while also maintaining high academic standards.

"I have two signing up currently so there's probably 12-13 on the program, but that's growing fast."

**By Simon Rathbone (Year 12)**



## PRINCIPALS MESSAGE

Gin Gin State High School has had a busy and very successful start to the 2018 school year. We welcomed 84 new enrolments in Year 7 as well as 6 new teachers to our staff. School camps were held for the Year 7 cohort at Bucca retreat to enable students from the 6 different feeder school to develop friendships and get to know each other for the first time. Our Year 12 students also came together at Wyper Park to form a strong cohesive group. Since then our Year 12 cohort have shown great leadership and have fostered a positive tone within the school.

At the beginning of the term we held an Investiture Ceremony to recognise all of our school leaders. All Year 12 students along with the 7 Senior Leaders, 3 House Captains and 2 Junior School Captains took a pledge to signify their role in the leadership of the student body and the school.

Term 1 has also seen our students participate in the Gin Gin State High School Swimming Carnival and at the Bundaberg District Swimming Carnival. Our school has established a great reputation at these and other sporting events as our participation rates are very high. Students have a great sense of team spirit and are willing to participate in all events to ensure that they do not let their team down.

Our newly established Agriculture Department took delivery of school purchased cattle for the first time. In the past we have relied on the generosity of our industry partners to loan cattle to the school for our students to work with so therefore having our own cattle will now allow students to experience all facets of the cattle industry.

Thanks to the generosity and hard work of our P&C Association, the school has been able to partner with them to fund the air-conditioning of most general teaching classrooms in the school. This has made a significant difference to the learning environment in these areas, with both student and staff reporting that learning is much better now that rooms are temperature controlled.

I would like to thank our students, parents and staff for what has been a very positive start to 2018 and look forward to the remainder of this semester.

*Regards, Paul Stehbins*

# GIN GIN STATE HIGH SCHOOL



**Student Leaders 2018**

## Gin Gin State High School Investiture Ceremony

The 2018 school leaders received their badges of office during the annual Investiture Ceremony at Gin Gin State High School on Wednesday 21<sup>st</sup> February. Special guest Councillor Wayne Honor (Bundaberg Regional Council) along with school Principal Mr Paul Stehbins and Head of Department Mr Mick Findlay, presented the new leaders with their badges.

The School Leaders 2018 are: Ben Robertson and Connor Boon (School Captains), Tamira Harrington (Student Council President), Emma Rasmus, Michael Thiemann, Brooke Snowdon and Steph Brooks. House Captains 2018 are: Emily Howell (Baranga), Georgia Wastie (Corang), Myah Macaulay (Manumbar)



**Student Investiture 2018**

Band Leader for 2018 is Ben Lockley and Strings Leader is Ben Robertson.

The Year 12 students received their Senior Badges and recited their Senior Commitment to present as positive role models, work as a cohesive group, commit to success in their studies and achieve a high attendance rate during their final year of school.

Junior School Captains Karyssa Rofo and Tessa Wochnik, as well as Year Level Representatives and House Vice Captains were also presented with their badges during the ceremony.

Year Level Representatives 2018: Year 10 Dann Kitt and Kaitlyn Horwood; Year 8 Rhegis Richardson and Destinee Lythall-Webb; Year 7 Ella Myers and Braxton Cook.

House Vice Captains 2018: Jai Weller (Baranga), Kalista Duke (Corang), Bohdi Wochnik (Manumbar)

Congratulations to all our Senior Leaders, House Representatives, Year Level Representatives and Year 12 students of 2018. We look forward to your leadership this year.

## Year 12 Camp

On Tuesday 6th to Thursday 8th February, this year's seniors headed to Wyper Park Scout Camp for their Year 12 camp. Preparations leading up to the event went smoothly with the wonderful Mr Darren Lawrence at the helm. Home groups were formed, menus planned and tents and shopping organised. Students were told not to forget anything they needed as they would have to go without if they did.

On the morning of the 6th the bus and trailers were loaded and we were off!

The unpacking of the bus happened quickly and after some instructions from Darren the tents and swags went up. Tables and chairs were quickly rearranged and wiped down. The students spent some time getting to know each other through various activities and before we knew it, it was time for dinner and showers.

Day two started early the next morning and saw some students struggling after a full day the day before and a late night. Everyone was a bit brighter after a hearty breakfast and ready to take on the day's challenges.

Plans for the year were made including the content of the Senior Commitment, and the Year Book committee was formed.

The senior jersey vote came out 50/50, and talk around Graduation began. The final day saw a later start and some group activities before pack-up and clean up began. Over the course of the camp there were a number of students who stood out through their actions, helping others, taking on responsibility, and displaying leadership skills. All students are to be commended for their behaviour on camp.

This year is an exciting time for the Year 12s and I am glad to have the opportunity to see this cohort through their final year of high school. Thank you to all of the staff who came on camp and made sure things ran smoothly.

## 2018 Swimming Carnival

Once again, another very successful swimming carnival was held on Friday 16<sup>th</sup> February. The house spirit and enthusiasm from the participants went a long way to making the carnival a success. Supremacy in the pool this year went to Manumbar. Corang were victors in second division, also winning Spirit House Award and highest tally points for sunscreen application. Baranga provided a healthy competition and had only come third by the smallest of points margins. The novelty events/relays provide an increased level of engagement and enjoyment for all our students. To top off the day there were record-breaking feats in the Boys 15 years, 50m Freestyle, 50m Breaststroke, 50m Backstroke and 50m Butterfly, with Dann Kitt smashing all four records.

A special mention needs to be made of the efforts of the teachers and house leaders who worked tirelessly to ensure a carnival where participation and effort were exceptional. After a day of outstanding performances, a number of students' efforts stood out above the rest and they were rewarded with Age Champion titles.

## Year 7 Camp

Last week from 13<sup>th</sup> to 15<sup>th</sup> February, the Year 7 Gin Gin State High School students went on an amazing camp to Bucca Retreat. At the retreat, the staff showed great hospitality by serving us three delicious meals each day, as well as yummy treats between meals. Some of the meals included; chicken burgers, ham and chicken wraps, bacon and eggs, pancakes, nachos, ice cream, fruit and of course donuts. To compensate for all of the incredible food we consumed, we all went for a morning run/ walk to get the blood flowing. Some students even managed to keep up with Mr Napier!

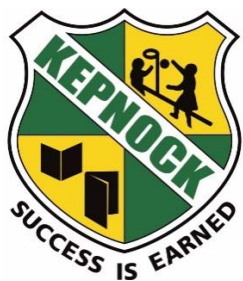
On Tuesday night, Amy from Headspace came out to talk to us about how to deal with overwhelming feelings and moving your thoughts from past to future. She also talked about the importance of mindfulness and utilising this to support ourselves when facing difficult or anxious situations. All the students learned a lot and greatly enjoyed having Amy come out and share these strategies.

Mr Stehbins and the House Captains visited the next morning to help us practise our house war cries. Mr Lawrence had the difficult task of announcing the winning house, and due to the large number of students in the house, Manumbar took out the victory.

All of the students had an awesome time on the waterslide each day and we were even treated to a turn on the slide on Wednesday night. When students were not busy on the water slide, they were enjoying the large dam, which we used for canoeing, fishing, swimming and best of all jumping off the pontoon. Mia Wochnik took out the fishing competition, catching a 37cm Bass. In the afternoons students were given free time, where they played a range of sports, from volleyball to soccer. Some students showed off their gymnastics tricks and some of the teachers joined in, presenting their hidden skills. A big shout out to Mr Wesche's fantastic handstands. The students also participated in a team building activity of survivor, where they put their talents to the test. Finally, to finish off an extraordinary camp we had a movie on the big screen and a few sleepy students fell asleep.

All students showed exemplary behaviour throughout the camp and teachers were very pleased with how well they represented the school. Thank you to Mr Napier and the other teachers for putting on an exceptional three days.

	GIRLS	HOUSE	BOYS	HOUSE
12 YRS	Emma Bechly	Baranga	Brodie Jenner	Manumbar
13	Zoe Wallace	Corang	Drew Kitt	Baranga
14	Emily Jenner	Manumbar	Cooper Bengtson	Corang
15	Kaitlyn Horwood	Manumbar	Dann Kitt	Baranga
16	Tysharna Bradley	Baranga	Conley Inskip	Manumbar
17	Georgia Wastie	Corang	Bohdi Wochnik	Manumbar



# Kepnock at a Glance



## From the Principal

Welcome to Kepnock State High School, a great school and an excellent place to learn and grow.

Our school vision is based around the future needs of all our students, and strengthening their ability to deal with new and changing situations.

Our school has a strong direction underpinned by three core values – learning, responsibility and respect. We maintain high expectation in all that we do.

Through respectful and supportive relationships between parents, teachers and students, every child is encouraged to be the very best they can be. Our motto 'Success is Earned' reflects our belief that every child can achieve success, regardless of personal circumstances.

Our comprehensive range of programs, curricular and extra-curricular, assists each student in their academic and personal growth as we guide their development into productive, community-minded citizens of the future.



Strong partnerships between our school and the wider community provide Kepnock students with access to exciting opportunities way beyond the school boundary.

We are proud to share our school with you and share just a little of what has occurred this year.

Nicholas Howkins 100% Proudly Kepnock

## What's On



- 7-May Labour Day
- 9-May Ski trip information night
- 16-May Year 12 Biology Camp 2 DAY
- 22-May 2018 Bundaberg Careers Expo
- 30-May Maths team challenge
- 31-May Bundaberg Show Holiday
- June - 3-June Kokoda Challenge
- 6-Jun Winter Sport sign-on
- 7-Jun Subject Expo
- 7-Jun Rueban Meerman

- 11-Jun Year 7 Camp 3 Day
- 18-Jun - 22-Jun Certificate II in Rural Operations - SDS
- 18-Jun - 25-Jun Year 11 & 12 Exam Block
- 25-Jun-27-Jun Senior Boys hike 60 kms
- 25-Jun- 29-Jun SDS Training for Certificate 2 in Resources and Infrastructure
- 26-Jun QCST Practice
- 28-Jun-29-Jun Athletics Carnival
- 25 – Oct Annual Awards Night
- 16 – Nov Year 12 Graduation



**1** We are the only secondary school in Bundaberg to offer all five Arts and all five Technologies areas from Year 7 to Year 12.

**2** We provide a safe and supportive, inclusive learning environment that caters for diversity.

**3** We are a Gateway School in Agribusiness and the only state school in Bundaberg to offer training in the Agricultural Sciences.

**4** We pride ourselves on our extra-curricular involvement including Instrumental Music, Cheerleading and Fish Tank program.



Colourful stains, glistening smiles, Kepnock students ran for miles. The 2018 colour run was a joyous occasion celebrated by the Year 7s, 10s and 12s.

The end-of-term colour run began with the year 12s taking on the teachers in an epic battle to prove their superiority. Armed with buckets full of coloured water balloons and bottles full of powder the battle began. Our annual colour run is a memorable event that was captured with many photos and everlasting memorabilia from the colourful clothes. A unique occasion to end the term and a fun filled way to start the year.

### Building Projects

Building of the new student services building, A block refurbishment and a Multi-Purpose Sports Hall has begun. The buildings will add to our existing resources and allow Kepnock to expand our current student support capabilities and to enhance our current sport and HPE programs. All three projects are being completed by local building firm, Murchies Construction, and we look forward to opening these new facilities for both staff and students.



Fish Tank is a program established by former Kepnock student Jamie Olsen. Jamie has been sponsoring the Ingenium bursary at Kepnock since 2014.

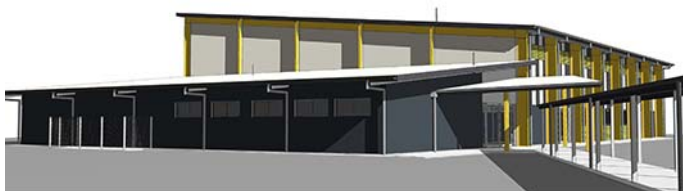
In 2016 the program was expanded to encourage young entrepreneurs to bring ideas to the marketplace. Last year's winners Josh, Ahmet and Hayden, won with an idea for a wearable device that alerts via a mobile phone when they feel unsafe.

The News-Mail reported on former Kepnock State High School captain Caitlyn Anderson and her two-week internship in Kuala Lumpur, her prize for winning last year's Ingenium bursary, arming the teenager with a new set of skills:

*As well as the Kuala Lumpur internship, this gap year Ms Anderson is keen to keep an eye on the program she helped start last year at Kepnock State High School.*

*Fish Tank is modelled off the successful Shark Tank concept and gives students an opportunity to test their own ideas.*

This year's Fish Tank competition begins later this term with the final occurring early Term 3.



An Independent Public School

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f Like Kepnock State High School on Facebook

# Bundaberg Special School

*Building Futures Together*

*Term 1 2018*

## Events that rocked our world

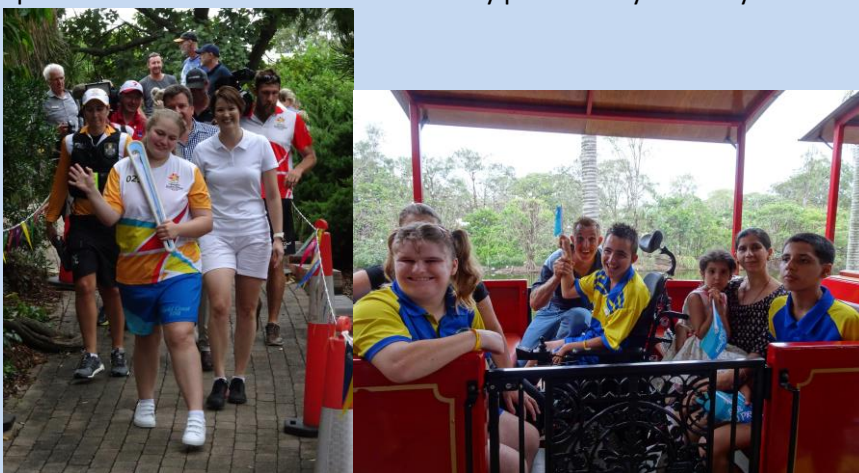
### Purple Day for Epilepsy

On Monday the 26th March we wore purple for Epilepsy. Many students and teachers wore purple t shirts, headbands, masks and stickers. Everyone had a great day wearing purple. Written by Mannan Shoree (Yr 7/8/9)



### Ayla runs in the Queens Baton Relay

Our very own Ayla Buteux carried the Queen's Baton on Saturday 24<sup>th</sup> March 2018 as part of the Commonwealth Games Queens Baton Relay. She was supported by Kym Burgess, a teacher from Bundaberg Special School and a selection of students, family and friends. Bundaberg Special School students and staff are very proud of Ayla and Kym.



### Celebration of Learning Day

Twice a year Bundaberg Special School takes a day out of our busy schedule to celebrate all the wonderful learning opportunities students have access to at the school. Parents and students spend the morning together wandering around the school in an expo style sampling of cooking activities, art & craft, physical activities and so much more. These days are keenly looked forward to, by staff, families and students.



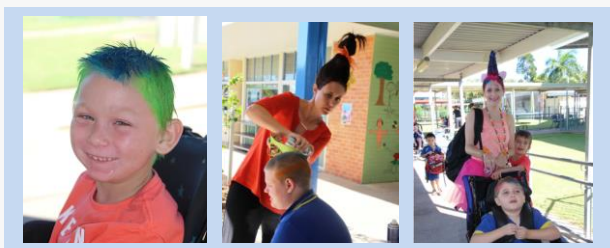
**Bundaberg Special School**

Telephone: 07)4155 5222

[admin@bundaberspecs.eq.edu.au](mailto:admin@bundaberspecs.eq.edu.au)



## Funky Hair Day & National Day of Action Against Bullying



On the 16<sup>th</sup> of March our school celebrated Funky Hair Day for Leukaemia and the National Day of Action against Bullying and Violence. It was great to see so many students and staff with funky hair and wearing orange. Miss Amanda looked awesome with her unicorn hair-do and thank you to Miss Louise and the senior students for styling our hair with colourful hairspray and patterns. Our school raised \$180 for the Leukaemia Foundation.

## Alistair Wins Gold at Special Olympics

Alistair Price is a 16 year old senior student at Bundaberg Special School. He plays ten pin bowling with "Rockin the Pins" at Bundy Bowl and Leisure. Alistair practices every Monday afternoon at Bundy Bowl and Leisure. Last year he won four medals and three trophies at the Special Olympics held at the Sunshine Coast. Alistair said he loves playing ten bowling and wishes more people would play.



We have had our new playground constructed for about three weeks before the holidays. Before that our sector of the school needed to take equipment down to the oval every day such as footballs and frisbees to play with. Now we have a wheelchair roundabout, a spider's web, a special blue swing and a black circle swing. Everyone can use our playground. Some of our friends like the black round swing because it is a good place to relax. Lots of people like the spinny roundabout and some friends like to play in the wood chips. Now our new playground is a really good place to play. *(Written by class 7/8/9A)*



## Surf Life Saving



This term Year 12 are engaging in Surf Life Saving lessons at Neilson's Beach. Every Friday the students participate in a range of fun activities that allow them to develop the skills needed to safely move through the surf. Students have participated in beach sprints, flag races, and rescue and board activities.

Here's what some of our grade 12 think about surf lifesaving:

I like surf life saving because you go on the boards. Dwayne

It was fun because I like the water. Alistair

## Junior School News



In Term 1 the Junior school have been learning about different materials and their properties and behaviours as part of our Science "Material Madness" Unit. We explored different materials and used closed sentences to say how the materials felt and what we can do with them. We looked at plastic, wool, metal, paper, wood and fabric. "Paper is bendy. I can scrunch paper." (Blake) "Metal is shiny. I can hear metal." (Eddie)



**BUNDABERG**  
**STATE HIGH SCHOOL**

# YOUTH CHRONICLES

## Special Olympics Australia Young Athlete of the Year awarded to Lachlan Bond

In February, Bundaberg SHS student Lachlan, received the Young Athlete of the Year award from Special Olympics Australia presented inside Government House. The award was for helping a fellow runner when he stopped during a 200 metre race at the Junior National games on the Gold Coast last year. Lachlan and the other runner finished the race together and got a big cheer from the crowd.



'My family are very proud of me for helping my new friend. I am very happy to be part of Special Olympics.' Lachlan said.

Dr Tim Shriver's Mum Eunice (Kennedy) Shriver started the Special Olympics events 50 years ago and Lachlan got to meet her son, Dr Tim Shriver, when he came to Australia all the way from America to present the award. He is the global Chairman of Special Olympics. Lachlan also got to meet Special Olympics Australia CEO Corene Strauss and hundreds of other people.



## Bullying ..... No Way!

In Term 1, Bundaberg SHS held an inaugural National Day Against Bullying. The support of staff, students, Bundaberg Regional Council, Headspace and local Youtuber's Arianna and Hayley with their hit 'Those Words Can Hurt', not to mention the 'Great Teacher Sock



Off' ensured this event was a runaway success.

## Crazy, Funky Hair!



Crazy Hair... Funky Hair...we couldn't quite decide what we were calling it but either way Bundaberg SHS was awash with colour on Tuesday 6<sup>th</sup> March when the SRC took to the hair spray cans! Hundreds of students lined up to be striped, spotted and stencilled in some of the best designs we've ever produced. Just over \$300 was raised for our school chaplain in the process through the generosity of those students who participated. Thank you to our brave customers as well as to the Senior Representative Council members who were



brilliant in their organisation of this event. Their leadership and commitment this term has been impressive!



# BUNDABERG STATE HIGH SCHOOL

## A Man on the Moon

On 12 January five determined Bundaberg State High School students Samantha B (Year 10), Alex B (Year 11), Kasey C (Year 11), Brooklyn D (Year 11) and Aiden F (Year 10) along with Mr Holledge and Mr Steinberger teachers/advisors set out on a four day orbit to Brisbane to compete in this year's Space Design Competition Australia.



This competition is an **industry simulation challenge** open to all Australian students. Students join with those from other schools to form simulated design companies of up to 30 competitors with the competition being held in **world-class facilities** at the University of Queensland, St Lucia.

Team 'Borealis' was made up of students from Bundaberg SHS, Padua College, Brisbane and The Hutchins School, Tasmania and were catapulted into the future, 2028 where the students had to design a space habitat on the moon inside a lava tube for approximately 350 research and development residents.

After presenting their proposal and going under the microscope answering challenging questions from a panel of judges who are respected in their fields of engineering, marketing and aerospace and nearly 3 hours of waiting in suspense the results were in. Described as well communicated, well thought out and justified it was announced that team "Borealis" had won.



## Wonder of Science

At the end of 2017, two BSHS students, Samantha B and Katie M embarked an adventure to Avoid Island for a Turtle Research Program on Avoid Island, a common nesting ground for flat back turtles which has been protected by Queensland's Trust for Nature, through the University of Queensland's Wonder of Science. Spending three days on Avoid Island, the girls joined eight other students from schools across Queensland to assist the research scientists with their studies on the flat back turtles.



Assisting the research scientists with their studies, the girls along with eight other students from around Queensland, learnt about flat back turtles, how they are being protected and how the data collected will benefit the species during the day and observed the turtles coming up to the shore and nesting at night. The location of the nest, the size of the turtle and the turtle's tag number were recorded, and in some instances, an hour after the turtle had laid, the turtle eggs would be dug up, measured and safely put back in place.

## Inter-School Chess Competition

Eighteen Bundaberg State High School students competed in the Term One Gardiner Chess Competition held at Walkervale State School on the February 20.

The Bundaberg SHS Gold team, consisting of Brenton M (Year 9), Reece B (Year 9), Charlie B (Year 7) and Adheesha S (Year 7) placed 1st in the competition, while Bundaberg SHS White team, consisting of Joshua H (Year 10), Zahra S (Year 10), Dakota K (Year 10) and Jesse C (Year 10) were awarded third place.



Congratulations to Adheesha S in Year 7 who individually placed 1st in the competition overall, Brenton M (Year 9) was placed 2<sup>nd</sup> individually and Charlie B (Year 7) was placed 3<sup>rd</sup> individually. Ribbons of Merit were awarded to Jesse C, Zahra S, Kyra V, Joshua H, Deegan C, Dakota K, Heath M, Reece B and Jesse-James D for winning more than half of the games they played on the day. Thank-you to all of the students who competed



# Bundaberg Region Youth Service's Sector Stories

The following stories have been provided to us with the permission of the services and the young people they relate to.

## THE GENERATION OF TODAY

## YOUTH NEWS

*Young people achieving great things in our region*

### A Bully Free Region

With the release of Bundaberg Regional Council's Youth Development Action Plan in February 2018, we have wasted no time in starting to work towards what young people and the youth services sector asked us to help out with. One of the actions we have been working on has been to: *Develop ways to reduce bullying of all types across our region.* To do this, we have been building a partnership with young people to investigate ways to increase the communities awareness on what types of bullying can occur and how we can best respond to it. So far we have meet with young people in Bundaberg, Childers and Gin Gin and with their help have been able to gain a picture of the issue. The next step is to continue our partnership with young people in identifying who else needs to be a part of this conversation. For more information contact Councils Youth Development Officer: Phone: 1300 883 699 or email: [youth@bundaberg.qld.gov.au](mailto:youth@bundaberg.qld.gov.au)

### headspace Bundaberg



**headspace** is the National Youth Mental Health Foundation that provides early intervention mental health services to 12-25 year olds. Each headspace centre looks to cover four core areas for young peoples' wellbeing: mental health, physical health, work and study support, and alcohol and other drug services.

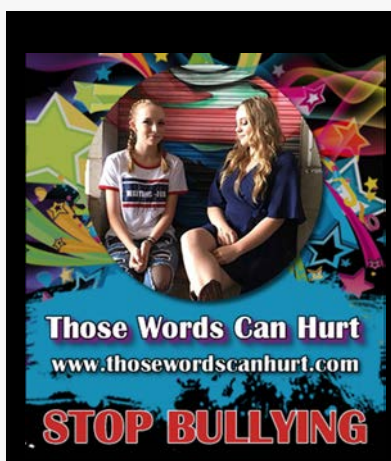
Each **headspace** centre also works closely with a committee of young volunteers. Our Bundaberg Youth Engagement Committee (YEC) are an energetic and fun team

who work alongside staff at **headspace** create awareness of the services. The voice of young people is important to **headspace**, they help create community activities such as headspacenchill which is a social group for young people, and promotions to increase early help-seeking and break down mental health stigma.

There are currently 13 YEC members, aged between 12 and 25 years, participating in monthly meetings and events, all of them are passionate about making a difference in the lives of young people. Keep an eye out for the green team around town and feel free to stop and have a chat or come into the **headspace** centre at 66 Woongarra Street, Bundaberg, or phone 4152 3931.

### Those Words Can Hurt

Ariana Brogden and Hayley Wheeler recently released their original song *Those Words Can Hurt*, a mix of Country and Rap coming together for a good cause. Both young women have experienced bully and have come together to write this very special song with a strong message that many people can relate to. Bullying is NOT Ok. To listen to the song check out [www.thosewordscanhurt.com](http://www.thosewordscanhurt.com)



## Jayden in sight of completing her spray painting apprenticeship



(L-R) Steve Redcliffe, Jayden Pashley, Betty Lappin

It may have taken longer than she expected but 21 year old Jayden Pashley is proud that she is now only a few months away from completing her industrial spray painting apprenticeship with local Bundaberg business, Bundy Auto Panels.

Jayden commenced a Certificate III in Automotive Refinishing Technology as a school-based apprentice at Bundaberg High School in 2012, however was unable to complete it.

**BUSY At Work** Industry Training Consultant, Betty Lappin said Jayden had faced some tough times since leaving school.

"We signed Jayden up to her apprenticeship when she was at school and due to circumstances beyond her control she was not able to complete it with a local Bundaberg panel beater," Ms Lappin said. Following nearly a year of unemployment, Jayden commenced Reclink Australia's Skilling Queenslanders for Work program in early January 2017.

The project offered Jayden the opportunity to gain new accredited qualifications and further develop skills contributing to future employability in the trade industry. With **BUSY At Work** promoting Jayden, along with assistance and support from Reclink Australia staff, Jayden was offered employment with Bundy Auto Panels.

"I love learning how to apply the variety and different types of paints. It's always a great feeling to see how satisfied the customer is after their car is fixed and back on the road."

"While some members of my extended family in Bundaberg have successfully completed a traineeship, I am the only one to complete a traineeship and an apprenticeship as well," Jayden enthused.

Bundy Auto Panels owner, Steve Redcliffe said Jayden had fitted in very well with the team.

"We are a small business and we run a very tight ship here. Jayden's work is always of a high standard and she works very well with the other panel beaters and spray painters in our business," Mr Redcliffe said.

## Michael breaks down speech barrier to land dream job



(L-R) Nicole Allison, Micheal Zinc

FINDING a job you love straight after school isn't easy.

For Micheal Zinc it was even more difficult thanks to a speech disorder that impacts his ability to interact or communicate with people.

But the 17-year-old, who previously struggled with simple conversations, has shown how determination and dedication can help young job seekers get ahead. Before finishing Year 12, Micheal knew he wanted to get to work, so he signed up with Disability Employment Services provider **APM**.

Working with APM's Nicole Allison, he was able to manage his challenges and impress employers at Queensland Tractor Spares in Bundaberg.

With coaching from Nicole, Micheal was invited to an interview and impressed the firm so much he was offered a job. As part of APM's program, Micheal worked with Nicole and his new employer to develop strategies to ensure his speech disorder APM also provided Micheal with clothing and safety gear to get started.

More than two months later and Micheal is now carrying out various duties including mowing, pruning, tractor maintenance and learning about different equipment parts and power tools.

Micheal said his favourite activity is working on the tractors, and he is now aiming to get his forklift licence when he turns 18.

"I like learning things that help me with my own car," he said. Micheal said the job was also helping build his confidence.

Nicole continues to assist Micheal once a week as part of APM's post placement support.

"He is slowing starting to communicate more with the employer and is slowing coming out of his shell. Seeing him start work was a very proud moment for me," Nicole said.

For more information about APM's services for young job seekers visit [www.apm.net.au](http://www.apm.net.au)



