

**Open Day
Thurs 16 May
All Welcome!**



**STRONGER
Together!**

**Neighbourhood
Centre Week** 13 – 19
MAY '24



Childers Neighbourhood Centre
April—May 2024
Community Care News



Childers Neighbourhood Centre

Are you enjoying the cooler weather? It has been very pleasant and certainly easier to get out and about lately. Which is great considering the centre has been busy planning many different activities for the community. The Childers Sewing Circle is now up and running, so if you are interested on learning new skills, shaking of the dust of old ones, like being in the company of witty and energetic people you are more than welcome to attend every Thursday at the centre from 9.30 am. We have also been fortunate to be part of the team to introduce U3a to Childers, we have some very keen interest in the community and will be holding our first meeting Tuesday 2 April from 10 am.

Recently the centre partnered with Isis District High School to hold our annual International Women's Day breakfast, what a turn out. Thank you to the great MCing of the school leaders along with stringed ensemble, made for a lovely morning by all. Annie from Disaster Management did some presentations in Childers and Woodgate about being prepared, if you missed these you can get a hold of the packs from the centre, just drop in and ask for one. Keep an eye out for the Creating Wellbeing workshops, we held a decoupage workshop which was so successful we will be running another one on Tuesday 16 April, followed by a making paper workshop on 23 April. If you would like more information on what is happening at the centre, give us a call on 4130 4690. Debra and the team.

International Women's Day



Branch Manager Community Services: Kirstin Harrison
Childers Neighbourhood Centre
Community Development Officer : Debra Murphy
Isis Community Care Coordinator : Anna Brumpton
Administration Support Officer: Kaitlyn Michie
Trainee Community Services: Zoe Grealy-Swanson
Neighbourhood Centre Support Officer: Telaine Feeney
Child and Family Support Officers: Kim McDonald & Jodie Goodwin

Jointly funded by
Bundaberg
Regional Council
and the
Queensland
Government



Community Events

Handmade Paper Workshop

When: Tuesday 23 April 2024
Where: Childers Neighbourhood Centre
Time: 9.30 am
Cost: \$5 inc morning tea
Contact: 07 4130 4690
cnc@bundaberg.qld.gov.au
RSVP: Friday 19 April 2024



Come along on a “paperful” learning journey where you get to learn the skill of handmade paper making. You will learn techniques of preparing various papers, how to form sheets, couching and extra ideas about how to make your own individual paper. For those super keen you can make paper to be used for the Creating Contrast Community Installation at BRAG. Come and join the creativity!!!

Domestic & Family Violence BBQ



When: Friday 17 May 2024
Where: Millennium Park
Time: 11.00 am–2.00 pm
Cost: FREE
Contact: 07 4130 4690
cnc@bundaberg.qld.gov.au

Domestic and Family Violence is never acceptable. Everyone has the right to feel safe and supported. Everyone has the responsibility to act. The whole community is invited to show support for the prevention of Domestic and Family Violence by attending a FREE BBQ at Millennium Park. Learn about EDON Place and what they do to help families going through Domestic & Family Violence.

What's on?

Neighbourhood Centre Open Day

When: Thursday 16 May
Where: Childers Neighbourhood Centre
Time: 9.30 am
Contact: 07 4130 4690
cnc@bundaberg.qld.gov.au

Come along to the Neighbourhood Centre Open Day and see what we do! Meet the wonderful staff, explore our programs and check out the events and workshops we have coming up.



U3A Information Session



When: Tuesday 2 April
Where: Childers Neighbourhood Centre
Time: 10.00 am
Cost: Free—morning tea inc
Contact: 07 4130 4690
cnc@bundaberg.qld.gov.au

Come along and see what you can do to support U3A to come to our community, share your skills, love of fun and activities with the whole community.

When: Tuesday 16 April & Tuesday 14 May
Where: Childers Neighbourhood Centre
Time: 9.30 am
Contact: 07 4130 4690
cnc@bundaberg.qld.gov.au

Decoupage Workshops



We will be holding more decoupage workshops throughout April & May! Continue on with your previous project or come along and start a new one! Don't forget to bring an item of your choosing to decorate.

Isis Child and Family Support

Message from the Team

It has been great to meet new families within our Childers community over the last few months. We have noticed new connections taking place, new friendships forming and families helping one another feel supported. It really is such a positive thing.

If you are wanting a little extra support or information regarding parenting, children's development or anything family related please feel free to pop into one of our Early Years Playgroups, or the Childers Neighbourhood Centre for a chat with our qualified Early Years Educators.

You can also give us a call on 4130 4690 if you would like more information about what the Child and Family Support service provides.

Early Years Playgroup

As Easter fast approaches, the Children at our Early Years Playgroup have been making and decorating their Easter egg baskets.

Arts and crafts allow the children to get creative and use their imagination as well as enhancing fine motor skills and hand eye coordination.

While getting crafty with your child, there are many opportunities for learning.

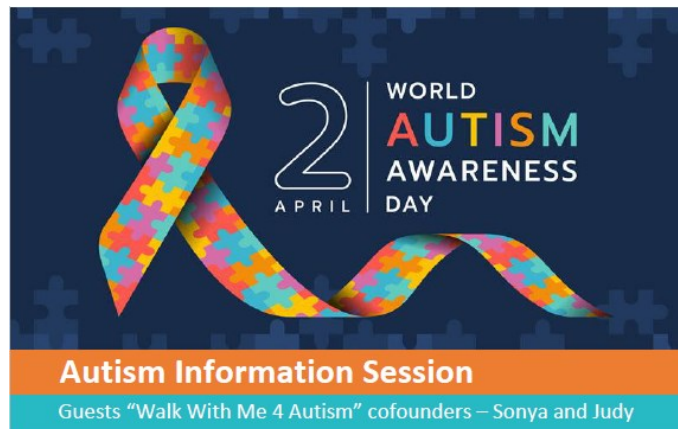
By simply labelling the colours as you use them, you will help increase your child's language skills. Allowing your child to put on their own amount of glue helps your child learn through trial and error. We must remember—Children are constantly learning.

After the Easter baskets were complete, it was only fitting for the children to have an Easter Egg hunt!



Upcoming Events

Join us on 2 April for an informative session about Autism for “World Autism Awareness Day”. Come and Chat with the Professionals from AEIOU and Walk With Me 4 Autism. Learn ways you can best support someone with Autism. Event runs from 9.30 am to 11.30am
RSVP to Childers Neighbourhood Centre—4130 4690



A vertical poster titled "Great Barrier Reef" with a blue and yellow background. It features illustrations of various reef animals: a clownfish, a shark, two sea turtles, a crab, and a fish. The poster is divided into three sections, each with a date and time: "4 April 10.30 am – 12 pm", "9 April 10.30 am – 12 pm", and "11 April 10.30 am – 12 pm". The first section is titled "Growing up on the reef" and describes the life cycles of crabs, turtles, sharks, and fish. The second section is titled "All about sea turtles" and asks about their life cycle, breeding and feeding habits, and dangers. The third section is titled "Adaptations for survival" and describes how reef creatures use unique ways to keep themselves safe. At the bottom, it provides the contact number "1300 883 699" and the website "bundaberg.qld.gov.au", along with the Bundaberg Regional Council logo.

Come and learn all about the Great Barrier reef with us. Over 3 sessions you will learn about Turtles, how sea creatures hide to stay safe and also the life cycles of the reef animals. Everyone is invited to attend all 3 sessions but if time is a factor, you are more than welcome to attend just 1 or 2 too!
RSVP's to the Childers Neighbourhood Centre—4130 4690

SAVE THE DATE FOR OUR UNDER 8'S EVENT

21 MAY 2024

9.30 am—12 Noon

At the Childers Showgrounds

Isis Community Care

There are many changes facing the Community Care area the last few months. We have recently gone through the procurement process for Domestic Assistance, Home Maintenance Yard and Meals on Wheels contractors due to current contracts expiring.

Our existing Domestic Assistance contractors Bev and Rick Campbell have been providing this contract for many years and Council wishes to extend our sincere thanks for their many years of service and appreciation of their commitment to providing a quality service for Community Care clients.

EKM Services is the new Domestic Assistance contractor for Isis Community Care, they are a growing family run local business who strive to employ locals and support the community in many ways.

Our existing Home Maintenance Yard contractors, Josh, Kevin and Jill Taylor from Woodeys Mowing and Justin from Justin's Mowing have also provided many years of service and Council wishes to extend our sincere thanks for their many years of service and appreciation of their commitment to providing a quality service for Community Care clients.

EKM services are the new Home Maintenance Yard contractor for Isis Community Care also.

The Meals on Wheels Tender is currently being advertised, for interested parties please visit and register with vendorpanel.com

We have had another loss to our Meals on Wheels volunteer pool. Pirjo Buchbach has retired to the seaside for a literal sea change. We are very sad to see her go. Her comrade in arms Helen is staying on without her, however I am sure Helen will be missing her greatly. Pirjo started volunteering for Meals on Wheels 5 years ago and has been incredibly reliable. Pirjo stated that she would miss seeing the faces of MOW clients and getting the monthly updates on how their life has been going.



Providing services to help you remain in your own home



Isis Community Care

Isis Community Care Coordinator:

Anna-Louise Brumpton

Phone:

4130 4690

Jointly funded by Bundaberg Regional Council and the Commonwealth Government



Australian Government

Isis Community Care

Our reliable transport Volunteer Robert has had a little mishap and broken his arm, so for those of you who are used to seeing him on trips to Bundaberg, you will miss him for the next few weeks while he recovers.

Robert's situation has reminded us all of the importance of registering for Carers Wellways. Robert is the main and fulltime carer for his mother and with this unexpected situation he has found himself stuck trying to work out who can assist his mother whilst he is out of action.

Please if you are the main carer in your home, consider registering for Carer Wellways, information below:

What is Carers Wellways?

Carers Wellways provides in-person, phone and online services and support to Australia's 2.65 million unpaid carers.

What services does Carers Wellways provide for carers?

- **Carer Support Planning**
To help you identify what areas of support will best help you in your caring role and to develop a simple plan for ongoing support.
- **Counselling**
If you're feeling stressed or overwhelmed, you can talk it through in a series of individual or group sessions with a professional counsellor.
- **In-person Peer Support**
Get together with other carers to catch up, make connections and share stories, knowledge and experience.
- **Facilitated Coaching**
One-on-one support with a coach to help you to make positive changes to your own life by setting goals and working on a plan to achieve these goals.
- **Tailored Support Packages**
Practical assistance to ensure you have access to the resources you need when caring for someone, such as items to assist in your caring role and short-term respite.
- **Emergency Respite Care**
If something urgent or unforeseen happens that prevents you from being able to be there for the person you support, we can make sure they are looked after. Emergency respite is available 24 hours a day, 7 days a week.

How do I contact Carers Wellways?

By calling **1800 422 737** Monday to Friday between 8am and 5pm, you can talk to a Carer Gateway service provider who will help you access services and support.

Carer Gateway also offers a national website at **carergateway.gov.au** where you can find online support and information.



Childers Library



Messy Play Fun!

Bundaberg Regional Libraries and First 5 Forever are hosting a wonderfully messy morning for you and your little one at the **Childers Showgrounds** on **Wednesday 24 April from 9.30 am**. Messy, sensory play is not just fun, it also has many benefits! Contact the Bundaberg Library on 4130 4140 for more information.

Join us for stories, rhymes, songs and FUN!

Each Storytime is designed for children ages 0-5yrs and their guardians. Storytime sessions are run every Wednesday except during public and school holidays.

Where: Childers Library

When: Wednesdays during school term

Time: 9.30 am

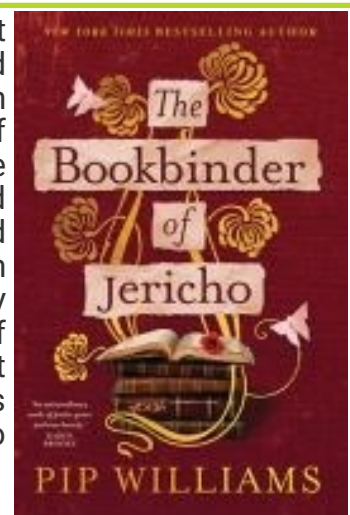
Contact : 4130 4650



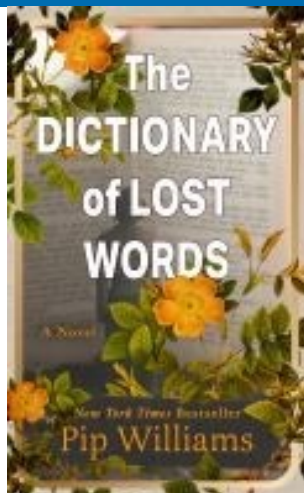
Ocean Interactive Experience

Drop into the Childers Library over the next few months to experience hands on ocean-themed exploration and play with the little one in your life! The display will be at the Library from **Monday 25 March to Saturday 4 May**.

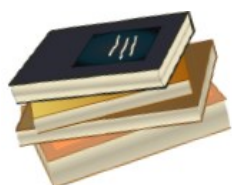
Oxford, 1914. When the young men are drawn away to fight, it is the women who must keep going. Twin sisters Peggy and Maude work in the bindery at Oxford University Press in Jericho. Peggy is intelligent, ambitious and dreams of studying - but is often reminded that her job is to bind the books, not read them. Maude, meanwhile, is extraordinary and vulnerable. She wants nothing more than what she has, and Peggy must watch over her. When refugees arrive from devastated Belgium, it sends ripples through the community and the sisters' lives. Peggy begins to see the possibility of another future: one where she can use her intellect and not just her hands. But as war and illness reshape her world, it is love, and the responsibility that comes with it, that threaten to hold her back.



Childers Library



Esme, she spends her childhood in the Scriptorium, an Oxford Garden shed in which her father and a team of lexicographers are collecting words for the very first Oxford English Dictionary. One day a slip of paper containing the word bondmaid flutters beneath the table. Learning that the word means 'slave girl,' begins to collect other words that have been discarded or neglected by the dictionary men. As she grows up, Esme realises that words and meanings relating to women's and common folks' experiences often go unrecorded. So, she begins to search out words for her own dictionary: the Dictionary of Lost Words. To do so, she must leave the sheltered world of the university and venture out to meet the people whose words will fill those pages.



Childers Art Gallery

CHILDERS ART SPACE

SEASONAL

Photographs by Migrant Farm Workers in Regional Queensland

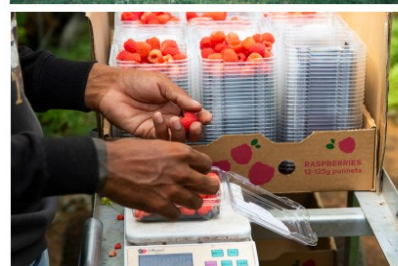
What does a week in the life of a farm worker look like?

Exhibition curator, artist and researcher Dr. Kaya Barry set out to discover this, handing out disposable cameras to over 30 seasonal farm workers across regional Queensland locations in 2022 - 2024. The photographs that came back ranging from the evocative landscapes to the beautifully mundane moments, show their typical daily lives while in Australia: toiling in the fields, on shuttle buses to and from the farms, living in shared dormitories, and enjoying their well-deserved days off.

20 April - 14 July

Exhibition Opening | Saturday 20 April, 3 pm

CHILDERS ART SPACE
 72 Churchill Street, Childers | Bookings not required
 07 4130 4876 | brgadmin@bundaberg.qld.gov.au
 Weekdays 9 am to 4 pm | Weekends 9 am to 3 pm



April Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
1 PUBLIC HOLIDAY—Centre will be closed	2 Autism Information Session CNC U3A Information Session	3 NC Card Group CC Social Support	4 Reef Guardian—Growing up on the reef NC Sewing Group	5 CC Social Support
8 NC Craft Group	9 Reef Guardian—All about sea turtles	10 NC Card Group CC Social Support	11 Reef Guardian—Adaptations for survival NC Sewing Group	12 CC Social Support
15 NC Craft Group	16 C&F Playgroup NC Decoupage Workshop	17 NC Card Group CC Social Support	18 ABA 'Cuppa & a chat' NC Sewing Group	19 C&F Playgroup CC Social Support
22 NC Craft Group C&F Forestview Playgroup	23 C&F Playgroup CNC Papermaking Workshop	24 NC Card Group CC Social Support	25 NC Sewing Group	26 C&F Playgroup CC Social Support
29 NC Craft Group	30 C&F Playgroup			

May Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 ABA—Understanding your supply & expressing—who needs it? C&F Let's Play Together NC Sewing Group	3 C&F Playgroup CC Social Support
6 PUBLIC HOLIDAY—Centre will be closed	7 C&F Playgroup	8 NC Card Group CC Social Support	9 NC Sewing Group	10 C&F Playgroup CC Social Support
13 NC Craft Group	14 C&F Playgroup	15 NC Card Group CC Social Support	16 C&F Let's Play Together NC Sewing Group	17 C&F Playgroup CC Social Support CNC DF&V BBQ
20 NC Craft Group	21 C&F Playgroup C&F Under 8's Day	22 NC Card Group CC Social Support	23 NC Sewing Group	24 C&F Playgroup CC Social Support
27 NC Craft Group C&F Forestview Playgroup	28 C&F Playgroup	29 NC Card Group CC Social Support	30 C&F Let's Play Together NC Sewing Group	31 C&F Playgroup CC Social Support