



Childers Neighbourhood Centre

Community Care News

February—March 2024



Childers Neighbourhood Centre

Welcome to 2024,

Hoping everyone had a lovely Christmas and New Year and have greeted 2024 with laughter, a smile and good intentions. Whilst we have all enjoyed a short break, staff at the Centre have returned refreshed and full of energy (well some of us have). This year is promising to be another busy year with some great activities happening and new opportunities on the horizon.

We firstly want to re-welcome Kim to the team, Kim has been successful in securing a permanent position as Child and Family worker yeah, and we sadly farewellled Dorethy a very valuable volunteer and Joel a great support worker from Community Care. We wish them both the best in whatever life path they are following.

If you are interested in doing some volunteer work in the community, come and speak to staff at the Centre. We are currently looking for volunteers for the Isis Community Care Social Support Day Program and Childers Meals on Wheels. Or if you have any special talents, crafts, hobbies, skills or interests that you would like to share, please stop in and have a chat to Debra.

We are looking forward to catching up with you all in our community.

Debra and the team.



Branch Manager Community Services:	Kirstin Harrison
Childrens Neighbourhood Centre	
Community Development Officer :	Debra Murphy
Isis Community Care Coordinator :	Anna Brumpton
Administration Support Officer:	Kaitlyn Michie
Trainee Community Services:	Zoe Grealy-Swanson
Neighbourhood Centre Support Officer:	Sandi Reeve
Child and Family Support Officers:	Kim McDonald & Jodie Goodwin

Jointly funded by
Bundaberg
Regional Council
and the
Queensland
Government



Community Events

U3A Information session

The University of the Third Age



When: Tuesday 13 February 2024
Where: Childers Neighbourhood Centre
Time: 10.00 am
Cost: FREE
Contact: 07 4130 4690
cnc@bundaberg.qld.gov.au

Do you know what it is? Do you want it here in Childers? The University of the Third Age (U3A) is an international movement whose aims are the education and stimulation of mainly retired members of the community. Come along and talk with the members from Howard U3A to find out more and what it could do for you!

RSVP: Friday 9 February 2024



Care Planning for Your Future

Are you prepared?

When: Tuesday 20 February 2024
Where: Isis Cultural Centre
Time: 9.30 am
Cost: FREE Morning Tea included
Contact: 07 4130 4690
cnc@bundaberg.qld.gov.au

Can we find our way back to care?

- Exploring who truly cares about care
- Defining what truly matters in terms of caring and
- Distributing the responsibilities and rewards of care

Join us for an informative session about the care 'industry', advance care planning, including an overview on how to complete and where to find Queensland APC documents.

RSVP: Friday 16 February 2024

Advance Health Directive—Enduring Power of Attorney—Statement of Choices

Community Events

International Women's Day 2024

#Inspire Inclusion

When: Friday 8 March 2024
Where: Isis Club
Time: 7.00 am–8.00 am
Cost: \$15 continental breakfast
Contact: 07 4130 4690
cnc@bundaberg.qld.gov.au
RSVP: Wednesday 6 March 2024

"When women themselves are inspired to be included, there's a sense of belonging, relevance and empowerment."

Join us and Isis District High School to celebrate International Women's Day and inspire each other and our community to include themselves and others in activities, events and groups they may not know about or may be too afraid to join.



Upcycle Decoupage

Creating Wellness

When: Tuesday 19 March 2024
Where: Childers Neighbourhood Centre
Time: 9.30 am
Cost: \$5 per person
Contact: 07 4130 4690
cnc@bundaberg.qld.gov.au
RSVP: Friday 15 March 2024

Out with the old...in with the new... LOOK!

Come join us for a day of fun and creativity by taking an unwanted or old item and turning it into something new and more you. Making a once dull item or an item that just doesn't match your own personal aesthetics and bring it to life with your own creativity.



Isis Child and Family Support

Hello everyone,

I can't believe January is almost over. 2024 is definitely off to a flying start! I hope you all have enjoyed the festive season and are settled into a wonderful year ahead. Chloe will not be returning to her position as Child and Family Worker and will be spending time with her little ones. We wish her all the best. That means that I have been offered the position and will now be the permanent Child and Family Worker in Childers, with Jodie being based in Gin Gin.

This year will see us focus on all areas of Child Development. Physical, social, emotional, cognitive and language. At our playgroups we will have activities that encourage children to initiate their own learning through play. This helps build confidence, creativity, problem solving and allows independent decision making by the child.

We encourage all families to come along to our playgroup sessions. It allows your little ones the opportunity to make friends, have social interactions and to get MESSY! Playgroups are also great for the parents/caregivers too. While watching your child play, you can ask our qualified Child and Family Worker any questions you may have, make new friendships with other families, and form stronger bonds with your child.

So, pop on in for a morning out, a chat, a coffee and some morning tea.

Hope to meet you soon,

Kim & Jodie

Isis Child and Family Support

Focusing on building happier
and healthier families in our Community



Services available

We assist families in acquiring and developing effective, sustainable parenting skills to use toward enhancing positive and rewarding parenting. Provide resources for Child Care Services and Families on an extensive range of parenting issues. Support families and services with specific information through written material, telephone, mail and face to face contact. Offer support to all families on areas relating to children. Provide referrals to other community agencies.

What's on at our centre

- Isis Child and Family Support services
- Parent support group
- Early Years Playgroups
- Parenting resource library
- Parenting workshops
- Australian breastfeeding association
- Early childhood developmental program



Early Years Playgroup

The Early Years Playgroups are for Children aged 0–5.

Playgroups are held on Tuesdays and Fridays at the Child and Family Building, 14 Hinkler Street, Childers from 9.30 am. Morning tea provided.

New families are most welcome.



Let's Play Together focusses on children aged 0–18 months.

They are held fortnightly on Thursdays from 9.30 am at the Child and Family Building, 14 Hinkler Street, Childers

These playgroups are a great opportunity for you to meet other families with young babies and chat with our Child and Family Worker about any child related questions.

Join us at Forestview for the intergenerational pop up playgroup. Held on the fourth Monday of each month.

Children of all ages are welcome to attend.

You can find us at Forestview, 4 Morgan Street, Childers from 10 am to 11.30 am

(Starting 22 February)



Isis Community Care

Happy New Year to all.

We finished off last year with a lovely Roast Lunch donated by The Federal Hotel. The roast was absolutely delicious and we are excited to be supported by The Federal who are continuing to provide a delicious lunch once a month to the Community Care Social Support Group.

You may have received a letter in the mail requesting consideration of aircon to be used when staff members and contractors visit your home to provide services. More importantly please do not suffer in this heat and ensure you are all taking good care of yourself and staying cool. I would like to remind everyone that hot weather can cause serious health issues like heat stroke.

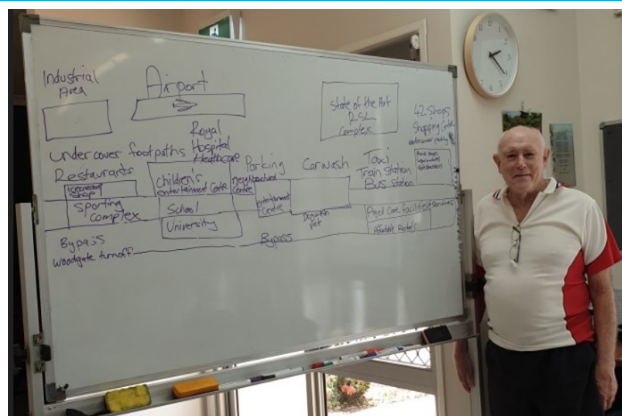
Isis Community Care has started the year off with a few service contracts expiring.

We are going out for tender for the Meals on Wheels contract, Home Maintenance—Yard, and the Domestic Assistance Contract. These Tenders are on vendor panel which anyone interested can access through www.vendorpanel.com.au

To all clients of Isis Community Care, please ensure you have contacted the service and let them know if there are any changes to your care needs, this way we can assist you in ensuring you have access to the correct services and all your care needs are being met.

Anna and the team.

The Social Support Group have started the year off in style, they had a fun afternoon activity of 'redesigning the Childers township' The design included a small vintage tram that stopped at every corner along Churchill Street. There was also a carwash and dog wash and many needed and fun things for the Childers township.



Providing services to help you remain in your own home



Isis Community Care

Isis Community Care Coordinator:

Anna-Louise Brumpton

Phone:

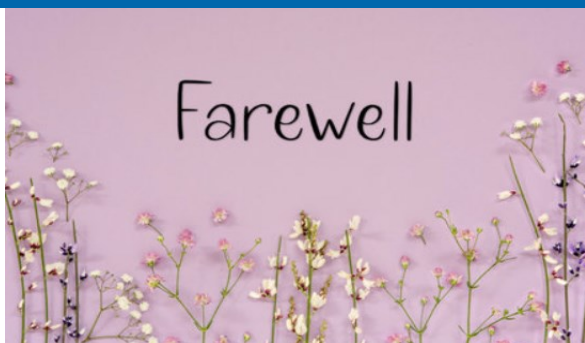
4130 4690

Jointly funded by Bundaberg Regional Council and the Commonwealth Government



Australian Government

Isis Community Care



We are sad to announce that our lovely volunteer Dorethy retired at the end of last year. Dorothy has been a valuable member of our social support group for the last 13 years. You may know her as someone who has delivered you a meal, picked you up for transport or as the lovely lady who has baked a delicious morning tea for the social support group.

Retiring volunteer Dorethy celebrates 13 years

Childers Neighbourhood Centre volunteer Dorethy Abell has hung up her keys after 13 years of providing transport and friendly companionship for the region's elderly participants in the Isis Community Care Social Support Day Program.

Dorethy said she started volunteering for the program soon after selling her business in Townsville and moving to the region with her husband Neville in November 2009.

"Basically I was bored because when you work, you know, five days a week or sometimes six, and then you just sit at home and you get everything done at home," she said.

"I was used to talking to people, so I thought, oh, I'd like to do something different."

That's when Dorethy heard of a volunteering opportunity at the Childers Neighbourhood Centre, picking up day program participants in the Centre's car, taking them to appointments, shopping, and respite activities.

Dorethy said she understood how important it was for the participants to get out of the house, and to have conversation.

"Sometimes I'd pick them up and we'd go the long way so they could have a little bit of a ride to see something different.

"Or if I had to pick someone up out of town, I'd pick someone up in town, and if they didn't have an appointment, I'd take them with me so that they could get a drive.

"Because otherwise they don't get to go anywhere."

The value of company and conversation was not lost on Dorethy who, as her husband's carer, also appreciated the chance to get out and meet new people.

"It's a bit like respite for me, so I can understand when people say they like to have a bit of respite from the person they're caring for," Dorethy said.

"That's why when they come in [to the Centre], that's their respite, they come in here so they can get to talk to other people."

Dorethy said though she didn't have any favourites among the people she'd spent time with on the program, she had made some good friends along the way.

"I can remember one old chappy, he wouldn't put his seatbelt on all the time, so I used to tell him to put his seatbelt on," she recalled.

"And this day he was having trouble putting it on, so I got out of the car and I leaned over to put it on and he said, oh, I thought you were gonna give me a cuddle. "And I said, you wish!"

Isis Community Care

Cont. Now that Dorethy has retired, she can focus on her health and spend time with her husband, daughter and grandson.

"I think the oldies, they're only going to miss me because I used to bake a morning tea and bring in that all the time," Dorethy said.

"They say, oh, we're gonna miss you, and I say no you're not, you're going to miss my cooking!"

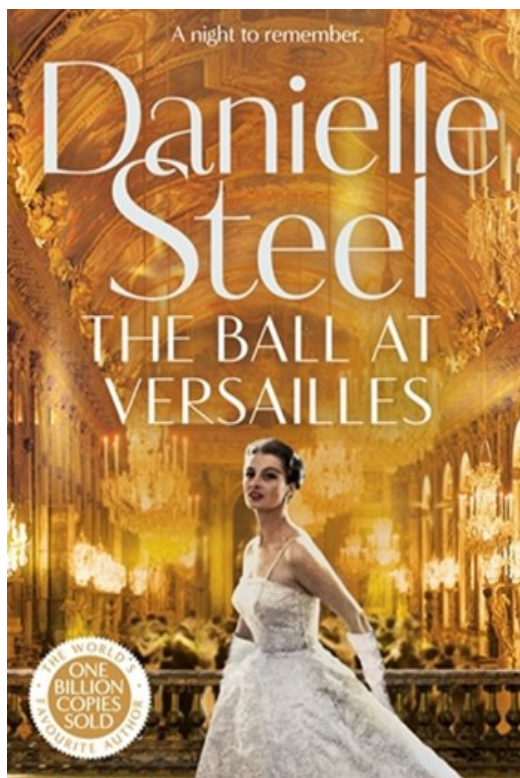
Thank
you



Photos from our Social Support Days



Childers Library



A special invitation. A night to remember . . .
***The Ball at Versailles* is a sparkling, captivating tale of four young women and one life-changing night, from the billion-copy bestselling author, Danielle Steel.**

1958. The Palace of Versailles is hosting an event that will go down in history. It is a glamorous dusk-to-dawn ball, where a select group of debutantes will be presented to international society and royalty.

And for four young women, all with something to prove, it is an event they will never forget. Amelia Alexander is the daughter of a hard-working, single mother who sacrifices everything to ensure that Amelia can take every opportunity for a better life. Caroline Taylor is pursuing a passionate affair with an up-and-coming movie star ten years her senior. But does he love her, or is his interest because of her famous father?

Nuclear physics student, Felicity Smith, is uninterested in fashion and socializing, but she attends the ball to please her parents and to step out of the shadow of her sister.

And Samantha Walker is the beloved, over-protected daughter of a wealthy businessman, her excitement about the invitation overshadowed by a past tragedy that still haunts her.



Maple Hills 3 book Series – Romance

Book 1 – Icebreaker

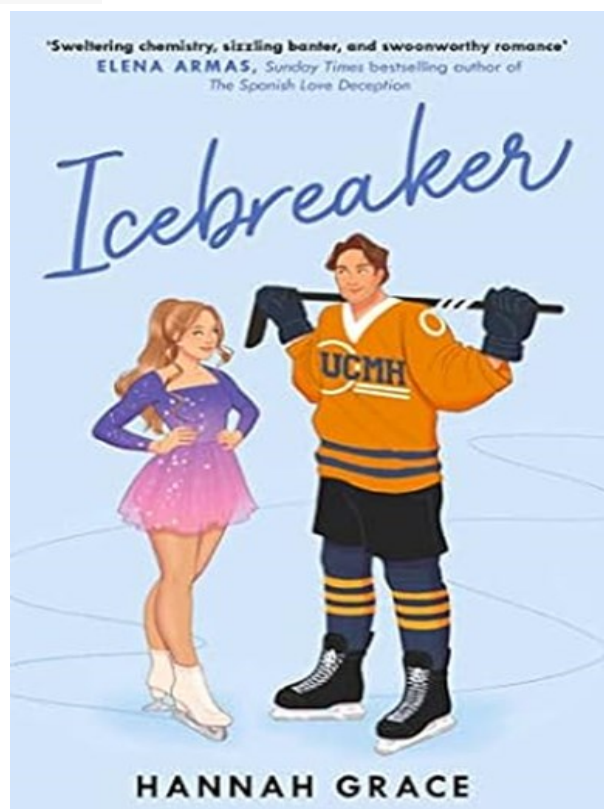
Anastasia Allen has worked her entire life for a shot at Team USA.

A competitive figure skater since she was five years old, a full college scholarship thanks to her place on the Maple Hills skating team, and a schedule that would make even the most driven person weep, Stassie comes to win. No exceptions.

Nathan Hawkins has never had a problem he couldn't solve. As captain of the Maple Hills Titans, he knows the responsibility of keeping the hockey team on the ice rests on his shoulders.

When a misunderstanding results in the two teams sharing a rink, and Anastasia's partner gets hurt in the aftermath, Nate finds himself swapping his stick for tights, and one scary coach for an even scarier one.

The pair find themselves stuck together in more ways than one, but it's fine, because Anastasia doesn't even like hockey players... right?



Childers Library

Storytime

Childers Library



Join us for stories, rhymes, songs and FUN!

Each Storytime is designed for children ages 0-5yrs and their guardians. Storytime sessions are run every Wednesday except during public and school holidays.

Where: Childers Library
When: Wednesdays during school term
Time: 9.30 am
Contact : 4130 4650



Childers Library Opening Hours

Monday–Friday

9.00 am–5.00 pm

Saturday

9.00 am–12.00 pm

**Available with your Bundaberg
Regional Library Membership:**

“Hoopla” All you need is a library card, it’s FREE!

Download and enjoy audiobooks, eBooks, comics, movies, magazines, TV, or music everywhere you have a screen- your computer, your phone, your car, even your TV.

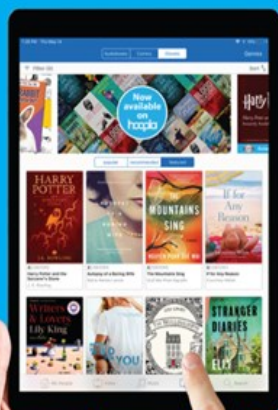
For more information contact Childers Library on 4130 4650.

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with Your Library Card.

3-Step Sign-Up

1. Download the app or go to hoopladigital.com.
2. Log in with your library card.
3. Borrow and enjoy!



Community Spirit

Isis Croquet Club

Isis Croquet Club meets and plays on their field on Pizzey Street every Tuesday & Saturday at 1 pm. Cost is \$5 per week which covers both days. You will need to wear flat shoes and a hat and bring along your water bottle. All equipment and afternoon tea is provided.

Contact Liz on 4126 8795 Frank on 4126 1696 for more information



Childers Quilters

Childers Quilters is predominantly a patchwork & quilting club. They cater to a range of craft activities—knitting, crocheting, embroidery, picture art & teddy bear and doll making. Members meet at Church (Anglican Hall) Cnr Macrossan Street & McIlwraith Street Thursdays 9.30 am. \$4 per visit with the option of “Come & Try” days. Contact 4126 7126 for more information.

Find: Public Art Summit

Explore a fresh perspective!

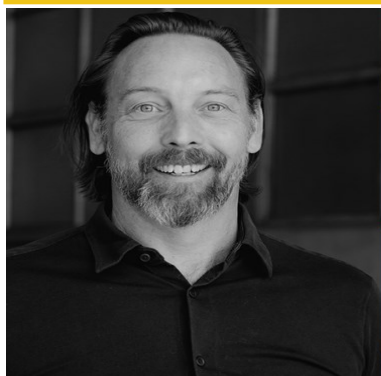
Thursday 22nd & Friday 23rd of February 2024, 9am – 4pm.

CQUniversity, Building 5, 6 University Drive, Bundaberg QLD 4670

Have you ever wanted to enhance a public space with unique artwork?

Have you got **big ideas** but don't know where to start?

Across a jam-packed two-day program of guest speakers, you will have the opportunity to hear direct from artists who specialise in creating art for public spaces as well as representatives from leading arts organisations. Visit regional Arts Services Network, under opportunities/events to book your spot!



February Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
			1 NC Sewing Info Session	2 CC Social Support C&F Playgroup
5 NC Craft Group	6 C & F Playgroup	7 NC Card Group CC Social Support	8 C & F Let's Play Together NC Childers Sewing Circle	9 C & F Playgroup CC Social Support
12 NC Craft Group C & F Bath Babies	13 C & F Playgroup NC U3A Information Session	14 NC Card Group CC Social Support	15	16 C & F Playgroup CC Social Support
19 NC Craft Group C & F Bath Babies	20 C & F Playgroup NC Care Planning Session	21 NC Card Group CC Social Support	22 C & F Let's Play Together NC Childers Sewing Circle	23 C & F Playgroup CC Social Support
26 NC Craft Group C & F Bath Babies	27 C & F Playgroup	28 NC Card Group CC Social Support	29 NC Childers Sewing Circle	

March Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				1 C&F Playgroup CC Social Support
4 NC Craft Group C&F Bath Babies	5 C&F Playgroup	6 NC Card Group CC Social Support	7 C&F Let's Play Together NC Childers Sewing Circle	8 C&F Playgroup CC Social Support NC International Women's Day
11 NC Craft Group C&F Bath Babies	12 C&F Playgroup	13 NC Card Group CC Social Support	14 NC Childers Sewing Circle	15 C&F Playgroup CC Social Support
18 NC Craft Group	19 C&F Playgroup NC Creating Wellness — Decoupage	20 NC Card Group CC Social Support	21 C&F Let's Play Together NC Childers Sewing Circle	22 C&F Playgroup CC Social Support
25 NC Craft Group	26 C&F Playgroup	27 NC Card Group CC Social Support	28 NC Childers Sewing Circle	29 C&F Playgroup CC Social Support